Technical guide Borlänge Tour, 1 – 3 June 2018

The stage race Borlänge Tour has been a part of the Swedish MTB calendar the last eighteen years and has a reputation of being one of the most well organized events each year. For our nineteenth consecutive event we hereby submit for inclusion on the UCI MTB International Calendar as a class 2 XCS stage race.

The event will be held under UCI and SCF regulations and the UCI classes are Men's and Women's Elite classes. All other classes will be held at a national level. Riders compete individually.

RACE HQ

The Race HQ is located at Mellsta Skicenter which will have license check, race number, anti-doping test, secretariat, press and accreditation.

<u>Address:</u> Barrskogsgatan 25 784 68 Borlänge GPS coordinates, 60.514709 N, 15.389619 E

<u>Organization:</u> Borlänge Cykelklubb Ekorrstigen 1 784 50 Borlänge Sweden

DESCRIPTION OF EVENT

Location of event

All stages have the start and finish at the area near Kvarnsvedens GoIFs clubhouse in Mellsta, Borlänge. Follow road signs towards "Mellsta Camping" and "Borlänge Tour" from highway 70 north (towards Mora) from the center of Borlänge. Exit highway at roundabout in Mellsta just before bridge over the river "Dalälven". <u>http://kartor.eniro.se/m/pWpk4</u>

Preliminary race schedule					
CLASS	STAGE 1	STAGE 2	STAGE 3		
Boys 10–12	4,3 km	09.00 1 x 7 km	9.30 1 x 3,7 km		
Girls 10–12	4,3 km	09.03 1 x 7 km	9.32 1 x 3,7 km		
Boys 13–14	4,3 km	09.40 2 x 7 km	10.00 2 x 3,7 km		
Girls 15–16	7 km	09.43 2 x 7 km	10.02 2 x 3,7 km		
Girls 13–14	4,3 km	09.43 2 x 7km	10.02 2 x 3,7 km		
Master W 30	7 km	09.46 2 x 7 km	10.04 2 x 3,7 km		
Master W 40	7 km	09.46 2 x 7 km	10.04 2 x 3,7 km		
Master W 50	7 km	09.46 2 x 7 km	10.04 2 x 3,7 km		
Women Sport	7 km	09.46 2 x 7 km	10.04 2 x 3,7 km		
Boys 15–16	7 km	10.35 3 x 7 km	10.50 3 x 3,7 km		
Master M 30	7 km	10.37 3 x 7 km	11.50 3 x 3,7 km		
Master M 40	7 km	10.39 3 x 7 km	11.52 3 x 3,7 km		
Master M 50	7 km	10.41 3 x 7 km	11.54 3 x 3,7 km		
Junior Women	7 km	10.43 3 x 7 km	10.52 3 x 3,7 km		
Men Sport	7 km	10.45 3 x 7 km	10.54 3 x 3,7 km		
Elite Men	7 km	12.35 6 x 7 km	13.50 6 x 3,7 km		
Junior Men	7 km	14.25 4 x 7 km	12.50 4 x 3,7 km		
Elite Women	7 km	14.28 4 x 7 km	12.52 4 x 3,7 km		
Beg. 6, 7, 8, 9, 10 -		12.00 1 x 2 km	9.00 1 x 2 km		

Stages and distances

1 June, stage 1 XCT. First start at 16:00

PROLOGUE. The course of the stage is held on fast tracks/trails and includes plenty of short and steep climbs. The terrain is generally fast without major technical difficulties but two built singletracks includes some technical drops. The courses distances are 4,3 km respective 7 km. The short version is for classes boys/girls up to 14 years of age.

First start at 16:00 (youth classes) and start lists will be available at website 30 May (www.bck.nu).

2 June, stage 2 XCO. First start at 09:00

CROSS COUNTRY. The stage is held on the same course as the prologue. The course is held on fast tracks/trails and includes plenty of short and steep climbs. The terrain is generally fast without major technical difficulties but two built singletracks includes some technical drops. The course is 7 km and different classes runs different amount of laps. The course returns to the start/finish area several times during each lap. Bonus seconds are handed out to top three finishers of the stage in each class with 6, 4 and 2 seconds respectively.

In the cross-country course, riders usually spread out and the loop is long with capacity for many riders. Therefore, we do not plan to remove lapped riders in this race. We will decide in consultation with the Commissar and announce the decision on the race website and at the Team Managers' Meeting on Saturday morning.

3 June, stage 3 XCC. First start at 09:00

CRITERIUM. The course of the stage is held on fast tracks/trails and includes some short parts of running tracks, short and steep climbs and some technical parts. The course is 3,7 km and different classes runs different amount of laps. Bonus seconds are handed out to top three finishers of the stage in each class with 6, 4 and 2 seconds respectively.

To avoid a situation where a final sprint is hindered, we might choose to remove lapped riders from the race in the Men's Elite (19+) category. We will estimate a finishing time for the stage for those riders who are removed. According to our simulations, this likely applies to very few riders. We will decide in consultation with the Commissar and announce the decision on the race website and at the Team Managers' Meeting on Sunday morning.

NOTIFICATION BORLÄNGE TOUR

Notification must be received no later than 27 May. Notification and payment for Swedish cyclists shall be done through <u>www.swecyclingonline.se</u>. Cyclist who have paid the entry fee are considered notified! Cyclists from countries other than Sweden use the following link: <u>https://rebrand.ly/bt2018</u> to register to the race and to rent a chip. Registration fee is paid to:

 IBAN:
 SE24 9020 0000 0902 3989 1793

 BIC/SWIFT-code:
 ELLFSESS

Notification shall include name, class, UCI-ID, club/team and country. Registration form will be found at website www.bck.nu. Registration fee is 500 SEK/cyclist (52 €) in all classes except for Mens/Womens Elite who's fee are 1000 SEK/cyclist (104 €) and Boys/Girls up to 16 years of age who's fee are 300 SEK/cyclist (31 €). Include subject "Notification" in notifications made via e-mail.

Late notification (after 27 May) is only possible if there is still room in the startlist for the prologue. Late notification must be done before 14:00 on 1 June. Since it is a stage race all stages must be entered/started. Fee for late notifications will be charged with 100% extra entry fee (600 SEK, 1000 SEK and 2000 SEK respectively).

Registration is binding and payment is refunded only upon presentation of a doctor's note that you are ill.

Note that Swedish Cycling Federations racing chip (MyLaps) will be used at Borlänge Tour. Chips will be possible to rent at race office and can be pre booked by using the link <u>https://rebrand.ly/bt2018</u> when registrating riders.

Beginners send their notification to <u>anmalan.bck@gmail.com</u> including name, club/city, year of birth and which "race" the rider wants to participate in. Two separate beginners "races" will be arranged, one on Saturday and one on Sunday. Entry fee is 50 SEK/cyclist (5 €) per "race". Notifications must be made via e-mail or visit in race office no later than Saturday 2 June 10:00 for Saturday's "race" and no later than Saturday 2 June 17:00 for Sunday's "race".

SEEDING

For stage 1 we seed the riders who have registered for the race within the **ordinary** registration deadline and who have a valid license for 2018. We use the UCI / SCF ranking points the riders have amassed at the deadline of ordinary registration to Borlänge Tour. We don't seed riders who register after the ordinary registration deadline.

For stage 2 and 3 the riders will be seeded from general classification in each class after previous stage. Make sure to attend at start no later than 10 minutes before start and follow the organizers instructions. In many classes there are small margins between the starting groups.

Rang / Place	Men Elite Per stage (€)	Men Elite General CI. (€)	Women Elite Per stage(€)	Women Elite General Cl. (€)	UCI point scale
1	200	375	200	375	80
2	150	300	150	300	70
3	100	225	100	225	60
4	75	185	75	185	55
5	50	150	50	150	50
6		135		135	45
7		120		120	40
8		105		105	35
9		90		90	30
10		75		75	25
11					20
12					19
13					18
14					17
15					16
16					15
17					14
18					13
19					12
20					10
21					8
22					6
23 24					4
24					1

PRICES AND UCI POINTS

JURY / COMMISSARIES

UCI announces Chief Commissar. SCF announces additional commissaries.

TEAM MANAGERS MEETINGS

There is a Team Managers' meeting each day of the Tour. The meetings are held in the same building as the Secretariat. Note that UCI regulations require team leaders or their representatives to attend team managers' meetings in stage races (paragraph 4.1.026).

- Friday: 15:00
- Saturday: 09:00
- Sunday: 09:00

TRAINING ON COURSES

<u>Thursday 31 May:</u> Open training during the whole day. No medical personnel at the course on Thursday and course is marked with arrows only (no plastic tape). No number plates are needed during this days training.

<u>Friday 1 June:</u> Open training as on Thursday until 11:30 AM. Official training on prologue course from 12:00 AM until 15:30 PM. Number plates shall be used and medical personnel will be at the course. Leaders for boys/girls are allowed to follow their cyclists around the course without numberplates.

Saturday 2 June: Open training is allowed after last finisher in the last class of the stage.

Training on the course during races will be sanctioned with fine.

SHOWER AND BIKE-WASH

Shower and dressing in "Mellsta motionscentral" near Arena (see signs from TC). Bike-wash ONLY at marked place near Arena, NOT in-house!

RULES FOR RIDERS WHO NEEDS TO ABANDON STAGE

Cyclists who needs to abandon a stage are allowed to continue the stage race with a time penalty related to the last finisher of the stage. Time penalty is calculated as time for last finisher of stage plus (one) minute extra per started 30 minute of the stages winner.

TECHNICAL ZONE

On stage 2 and 3 there are marked technical zones where cyclists can stop to repair with equipment they have put in the zone before start of stage. Leader in club clothing may assist cyclist in the zone.

FEED AND WASTE ZONE

Feed zone will be clearly marked near TC. Connected to feed zone there will be a "waste zone" where all waste (empty bottles, paper etc) SHALL be dropped. Only persons with club clothing will be allowed in the feedzone. No littering in other parts of the course!

AWARD CEREMONY

The leader of the general classification in each class shall use the leader's jersey provided by the organizer. The leader of the general classification after stage 1 and 2 shall attend the award ceremony according to schedule shown at the ceremony wagon. For Men's and Women's Elite classes top three of each event and overall leader shall attend the award ceremony.

Award ceremony for the whole Borlänge Tour will be on Sunday according to schedule shown by the ceremony wagon.

ORGANIZATION

Borlänge Tour 2018					
Name:	Role:	Phone (+46):			
XXX	Commisar	XXX			
XXX	Commisar	XXX			
XXX	Commisar	XXX			
Roger Karlsson	Event Manager	70-535 61 26			
Magnus Österberg	Arena Manager	70-558 39 45			
Staffan Eriksson	Start Manager	70-452 10 49			
Fredrik Dahlgren	Course Manager	70-327 79 95			
Björn Norberg	Registration & Timing	70-602 04 64			
Lars Görs	Race office / Secretariat	70-655 06 38			
Magnus Burman	Finance & accounting	70-301 97 95			
Stig Eriksson	Ceremonies	76-113 32 12			
Kina Fagerberg	Food facilities	70-338 67 73			
Johan Wahrén	Security & First aid	76-815 95 53			
Peter Bergström	Event Manager MMM	70-771 03 40			
Esbjörn Andrén	Course Manager MMM	70-521 90 20			
Mikael Nolåkers	Start Manager MMM	70-311 88 45			
Anders Stålnäbb	Feedzone Bäsna MMM	70-367 79 00			
Lena Bergström	Feedzone Lennheden MMM	70-522 36 56			

*): MMM is a shortening for "Mellsta MTB Marathon".

OVERNIGHT ACCOMMODATION

Visitdalarna.se, Hotels.com, Booking.com and similar services give a good overview of prices for accommodation in the vicinity of the venue. Look for areas like Mellsta, Borlänge, and Falun. Here are some possibilities:

- Scandic Hotel Borlänge City, Stationsgatan 21-23, 784 33 Borlänge. +46 243 79 90 00
- Mellsta Camping, Mellstavägen 3, 784 68 Borlänge, +46 243 21 22 99
- Borlänge Vandrarhem (Youth hostel), Tjärna Centrum 784 51 Borlänge, 0243-22 76 15

FIRST AID

Our first aid team consists of qualified medical personnel. The team assists with scrapes and small injuries as well as coordinates with the public emergency services (telephone 112) if that should be needed. The first aid station is in a tent at the Arena. Course Marshals will alert the first aid team in case of injuries in the course that need attention at the site of the injury. Riders and spectators can report injuries to the nearest course marshal or to first aid personnel. If you need further treatment, contact the emergency clinic in Falun on +46 23 49 20 00. The address is Lasarettsvägen, 791 31 Falun, about a 20 minute drive from the arena. The clinic and the adjacent pharmacy are open 24 hours a day. They speak English. If you become sick during your stay in Sweden and need to see a doctor, call the same number.

If a rider withdraws, the time keeper at the finish or the Commissar shall be informed as soon as possible. CHANGING ROOMS AND TOILETS

The changing rooms with showers are open on Thursday evening and on race days. Toilets are available in the building incl. changing rooms and at the race office. Please, don't use the neighbours' gardens or the forest as a toilet.

KIOSK / FOOD

At the Arena we sell and serve food such as different pasta salads, hamburgers, sandwiches, fruit, cakes, etc. We also offer smoothies, lemonade, mineral water and coffee.

We accept cash and Swish but unfortunately cannot give cash back.

The kiosk opens right before the Team Managers' Meetings and closes after the last prizes are awarded.

TEAM TENTS:

There is space for 30 tents in the arena. To guarantee a place for your tent and riders, you need to make a reservation by sending an e-mail to <u>anmalan.bck@gmail.com</u> with the subject "Team tent". The cost for each 3x3 m space is 300 SEK $(31 \in)$.

MAPS:





